

Beavers are in this together.

It's our job to keep one another healthy and safe.

Beavers care about the people in their communities. That's why we're providing a face covering — to use each time you venture out.

How will a face covering protect me?

The Centers for Disease Control and Prevention recognize that the use of cloth face coverings may reduce the spread of COVID-19 and help prevent those who have the virus — but do not have symptoms — from passing it to others. Cloth face coverings are not intended to protect the wearer against infection.

When should I wear a face covering?

Face coverings should be worn when visiting public areas where keeping physical distance is not always easy. For example, you should wear a face covering when going to grocery stores, pharmacies and health care facilities. Students living in residence halls should wear them while in common areas, such as dining halls or computer labs.

Don't forget to follow these important guidelines:

- Avoid all social and recreational activities in which a distance of 6 feet between people cannot be maintained.
- Maintain at least 6 feet of distance from others during any necessary trips to grocery stores, pharmacies and health care offices.
- Cover your cough or sneeze with a tissue and discard it immediately, or cough and sneeze into your upper sleeve.
- Wash your hands frequently with soap and water for 20 seconds, or use alcohol-based hand sanitizer if hand-washing is not possible.
- Avoid touching your eyes, nose, mouth and face.
- If you exhibit symptoms or feel sick, immediately physically isolate yourself and stay away from work, family and friends. Consult with your health care provider on ending self-isolation.

See reverse for usage, care and disclaimer information.

Additional tips on wearing and cleaning face coverings can be found on the Centers for Disease Control and Prevention website: [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus).

Usage and care

DO:

- Cover your nose, mouth and chin and make sure your face covering fits snugly but comfortably against the sides of your face.
- Secure it with ties or ear loops.
- Allow for breathing without restriction.
- Use a face covering that includes multiple layers of fabric.
- Wash and machine dry frequently.
- Store in a clean paper bag marked with your name.

DO NOT:

- Touch your eyes, nose or mouth when removing the face covering, and wash your hands immediately afterward. To remove, only touch the ties or loops.
- Place face coverings on children under age 2 or anyone who has trouble breathing, is unconscious or unable to remove the mask without assistance.
- Share face coverings

DISCLAIMER:

Oregon State University (OSU), a public land grant research university, has organized the distribution of cloth face coverings, without charge, as a public service. THE CLOTH FACE COVERINGS ARE PROVIDED "AS IS" WITHOUT WARRANTY OF ANY KIND, EITHER EXPRESS OR IMPLIED, INCLUDING WITHOUT LIMITATION THE IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE. OSU DOES NOT WARRANT THAT THE CLOTH FACE COVERINGS WILL MEET YOUR INDIVIDUAL NEEDS AND YOU SHOULD TALK WITH YOUR HEALTH CARE PROVIDER, AND, IF APPLICABLE, YOUR SUPERVISOR ABOUT USE OF CLOTH FACE COVERINGS.

These face coverings are not intended for medical use.